

Pre Procedure Instructions

Do not eat or drink 8 hours prior to your injection.

You may have clear fluids up until 4 hours before your procedure

Please stop all anti-inflammatory medications for 3 days prior to your injection.

Motrin (Ibuprofen), Aleve (Naprosyn), Mobic (Meloxicam), Voltaren (Diclofenac), Piroxicam (Feldene) Relafen (Nabumetome), Daypro, Indocin, etc... You do not have to discontinue Celebrex.

Please notify us if you take Aspirin or any Aspirin products. You may need to stop these medications prior to your injection.

Bayer, Baby Aspirin, Excedrin, Goody Powder, BC Powder

Please notify us prior to your procedure if you take a blood thinning medication (Coumadin, Plavix, Lovenox, Ticlid, Aggrenox) or have a bleeding disorder.

If you are a diabetic and take medication to control your blood sugar level:

If you are a diabetic and you take oral diabetes medication or regular insulin, do not take your morning dose. If you take NPH, 70/30, or Ultralente insulin, take one-half your usual dose, and drink clear liquids (like black coffee or Sprite) up until 4 hours prior to your procedure. Please contact your physician if you have any questions about your medications.

You may continue to take your routine blood pressure and heart medications. These may be taken with a small sip of water in the morning of your procedure.

Please notify us prior to your procedure if you have had any recent fever or infections.

Please arrange for someone to drive you home after your procedure.

If you do not have transportation home, rescheduling of your appointment may occur. We do not recommend that you drive for 24 hours following your procedure.

The Day Of Your Procedure

Please arrive 15 minutes prior to your scheduled appointment time.

Please notify us of any changes to your medical history, insurance, or personal information. Please bring your drivers license and insurance card(s) to your appointment. If you have any available x-ray, CT, or MRI films that pertain to your primary problem, please bring those with you to your first appointment.

Wear comfortable clothing to your procedure such as elastic waist pants, shorts, or jeans. If possible, please do not wear a dress or skirt for your procedure.

If you must cancel or reschedule your appointment, please allow 48 hours to do so. If you have any questions or concerns, please call to speak to a staff member at (770) 436-4450.